

What Kind of World Do You Want to Live In?



Join the Alliance for Natural Health and Make a Difference!

Our right to choose natural health and healing is under constant threat from powers in government who want to limit our lifestyle choices to only the options *they* approve.

Since 1992, the Alliance for Natural Health USA has worked to protect your right and ability to choose a natural approach to health and healing. Here's some of the work we do:

- Promoting the spread of information about nutrition and natural healing.
- Protecting integrative and holistic health care providers from legal persecution.
- Defending access to dietary supplements, functional foods, and integrative treatments.
- Maintaining your access to a toxin-free environment that supports good health.
- Ensuring your right to choose the healthcare options *you* prefer!

Our multi-pronged approach includes:

Lobbying ■ Litigation ■ Strategic Coalitions ■ Public Education ■ Media Outreach
and an army of grassroots activists like you!

You Are Needed to Make a Difference!

Visit www.anh-usa.org today to subscribe to *The Pulse of Natural Health*.

Delivered once a week by email, *The Pulse* is full of the latest health-related news from Washington, including petitions you can sign and letters you can send to make a difference.

Please take action today!

