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Access To Estriol Likely To Disappear

FDA-Appointed Committee Finds “No Clinical Utility” for Compounded Bioidentical Hormone Replacement Therapy, Including Estriol

Charlottesville, VA – July 9, 2020 - The National Academy of Sciences, Engineering, and Medicine (NASEM) has released its long-awaited report on the future of compounded bioidentical hormone replacement therapy (cBHRT). The findings of the committee are disastrous. They concluded that cBHRT offers “no clinical utility” and poses a “public health concern.”

“Though I’m not surprised at this result, I am extremely disappointed,” explained Gretchen DuBeau, Executive and Legal Director of the Alliance for Natural Health USA. “The committee was selected in a way meant to come to this conclusion, but we maintained hope that the evidence would sway them. Yet despite the safety record and abundance of evidence, both academic and clinical, supporting the viability of cBHRT, the committee has chosen to put the health and wishes of millions aside with this decision.”

Estriol and other bioidentical hormones have been nominated to the FDA’s Demonstrably Difficult to Compound List; items that appear on the list when it is final will no longer be able to be made at compounding pharmacies. The FDA convened this NASEM committee to study the clinical utility of treating patients with compounded bioidentical hormones; the findings of which will be used by the FDA to make a final decision on the fate of estriol and other compounded hormones.

Patient health and safety is at stake. A review of the clinical literature concluded that bioidentical hormones are associated with lower risks, including the risk of breast cancer and cardiovascular disease, and are more effective than synthetic or animal-derived hormones. On the other hand, studies have consistently demonstrated that synthetic hormones are associated with an increased risk of breast cancer. Synthetic and animal-derived hormones have also been shown to produce negative cardiovascular effects and to negate the cardio-protective effects of estrogen.

“ANH-USA has not given up on this fight and we ask that concerned citizens join us. We cannot let this happen. Estriol is particularly threatened, as there is no FDA-approved version of this critical hormone; if a ban goes through, estriol access will disappear,” said DuBeau.

To learn more visit SaveBioidenticals.com.

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About the Alliance for Natural Health USA (ANH-USA) <http://www.anh-usa.org>

The Alliance for Natural Health USA is part of an international organization dedicated to promoting natural, sustainable healthcare through good science and good law. We protect the right of natural health practitioners to practice, and the right of consumers to choose the healthcare options and treatment modalities they prefer, including complementary and alternative medicine. As a membership-based organization, we unite consumers, practitioners, and industry to speak with a common voice and have worked since 1992 to shift the medical paradigm from an exclusive focus on surgery, drugs and other conventional techniques to an “integrative” approach incorporating food, dietary supplements, and lifestyle changes.